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FDA decision to irradiate food is bad news for good health, says L.A. health and wellness expert

Los Angeles—Ann Boroch is not happy with the FDA's decision to legalize the irradiation of fresh spinach and Iceberg lettuce.

"We're getting further and further away from what food was meant to be, nourishment and fuel for our bodies" says Boroch, a prominent naturopath and certified nutritional consultant from Studio City. She has been in practice for 10 years, teaching the power of how proper nutrition coupled with supplements and exercise can restore your body's natural perfect balance.

"Food is the number one component in maintaining our overall health," she says. "Irradiation 'de-natures' our food and destroys its natural life-force. The tampering of our food will no doubt slow down the recovery time of people trying to heal from illness and will ultimately affect even healthy bodies."

Boroch is best known for having used food, and various other methods, to heal herself from MS. Last year she wrote the popular book *Healing Multiple Sclerosis: Diet, Detox and Nutritional Makeover for Total Recovery* available nationwide in Barnes and Noble, Borders and on Amazon.

Please consider Boroch as a guest on your show to talk about the recent FDA decision and what it will mean for millions of Americans.

Boroch is a young, beautiful and charismatic woman. She is excellent in front of a camera or studio audience. You can click this link <http://www.youtube.com/watch?v=wgHcg6Bqpbl> to see her on *The Montel Williams Show* earlier this year and evaluate her performance.

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