



# Polestar Communications

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## Available for interview

### **How to fight the incurable—and win What you're doctor probably isn't telling you**

Ravaged by Multiple Sclerosis, Ann Boroch was not supposed to get better. At 24, Ann could barely walk, see or think straight. Her doctor told her she had an incurable disease that would only get worse. “*Get ready for the wheelchair*, he told me.”

Ann fought back—both against the disease as well as the entrenched opinion that she couldn't heal. Forced to seek help outside the established medical community, Ann became symptom free four years later. She has stayed that way for the last 14. Ten years ago, she began her career as a natural health and wellness expert and has since helped many heal from MS and other autoimmune diseases also considered incurable.

Her new book *Healing Multiple Sclerosis: Diet, Detox and Nutritional Makeover for Total Recovery* has received critical acclaim from such leading authorities as David Perlmutter, MD, one of the nation's top neurologists who embraces natural medicine.

“Ann's story is an incredible testimony that is helping to challenge—and hopefully change—conventional attitudes about how we look at and treat incurable disease,” said Dr. Perlmutter, who appeared on Oprah to talk about his NY Times bestseller, *The Better Brain Book*.

Ann has been featured on national radio and TV, including just this month on *The Montel Williams Show*.

Ann can tell your audiences:

- Her own astounding story of pain, struggle and triumph.
- What's more dangerous, incurable disease or the ingrained opinion that you can't heal.
- Which one was harder for her to fight and overcome.
- Whether she really healed, or if she is just in extended remission.
- If her recovery was a one-in-a million deal, or if others can do the same.
- What it takes to heal from incurables like autoimmune disease, cancer, and diabetes
- Her first-hand observations of what needs to happen in the medical community and society-at-large before people can begin healing from incurables on a grand scale.
- Five things you absolutely must do if you are diagnosed with an incurable disease.

You can learn more about Ann by visiting her website at [www.annboroch.com](http://www.annboroch.com). Copies of her book are also available upon request.