

For immediate release

Multiple Sclerosis—hope for recovery

Los Angeles, CA, July 24, 2007—Incurably sick, Ann Boroch was not supposed to get better. Crippled by Multiple Sclerosis at 24, she could barely walk or think straight. Her doctor told her she would likely spend the rest of her life in a wheelchair.

Boroch refused to accept the finality of her situation and went in search of healing. Four years later, in defiance of her diagnosis, she was symptom free and has stayed that way for the last 12 years. Nine years ago, she began her career as a Naturopath and “natural health and wellness expert” and has since helped many others heal from MS and other autoimmune diseases.

Boroch’s new book *Healing Multiple Sclerosis: Diet, Detox and Nutritional Makeover for Total Recovery* is being featured in Barnes & Noble, Borders and independent bookstores nationwide.

“*Healing Multiple Sclerosis* not only reveals a new paradigm underlying this disease, but provides a powerful user-friendly therapeutic approach,” says David Perlmutter, MD, a top neurologist who specializes in MS and who has appeared on Oprah to talk about his NY Times Bestseller, *The Better Brain Book*.

Perlmutter, who lives and practices in Southwest Florida, pledged his support to Boroch when he recently joined her in Dallas to talk about MS in a half hour-long segment on the nationally broadcast cable show: *Know the Cause*. “Ann’s book is a vitally important must-read for patients and families alike,” he says.

In her book, Boroch shares her own pain-filled story and the case histories of others like her. She discusses the causes of MS and outlines the treatment program she used to heal herself and her patients. And, in a comprehensive how-to section, she explains how those suffering from MS can develop their own personal treatment plan.

“This is a landmark book,” says Ann Louise Gittleman, New York Times best-selling author of *The Fat Flush Plan*, who wrote the foreword for Boroch. “*Healing Multiple Sclerosis* provides workable, natural solutions for a practical self-help program that anybody can follow.”

Multiple sclerosis is a progressively crippling autoimmune disease of the central nervous system that afflicts millions, mostly women.

Boroch is available for interview upon request. Copies of her book are also available upon request.

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